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ANESTHESIA NPO INSTRUCTIONS SPECIAL SMILES, LTD

Before general anesthesia, it is **extremely important** that the patient has an empty stomach. During endotracheal intubation, when the patient's reflexes are not intact, there is a danger that any food or liquid that is present in their stomach could enter their lungs, resulting in serious injury or death. For this reason, **patients are NOT to have anything to eat or drink after midnight or the morning of the visit.**

Guidelines for medications before general anesthesia:

It is important for patients who have seizure disorders and hypertension to take their medication on the day of the surgery. Also, patients with behavior problems should have their medication to decrease patient anxiety and for behavior management. Please **DO NOT GIVE** anticoagulant medication for 5-7 days prior to surgery, which will be approved in writing by the primary care physician.

Medications taken for seizures, behavior, blood pressure or asthma may be taken in the morning, prior to surgery, with a small sip of water (**NO** thick it added) or clear Jello (**NO** fruit in the Jello). Please **DO NOT GIVE MEDICATIONS WITH** applesauce, apple juice, pudding, yogurt or other food and/or liquids. If these or any other foods or liquids are given, the patient's appointment will be cancelled.

*****No chewing gum the morning of the appointment*****

*****NO SMOKING 24 hours prior to appointment*****

Tube-fed patients:

Patients with tube feedings should have tube feedings stopped at midnight and all flushes held from midnight the night before until after the procedure.

Medications administration shouldn't exceed 50cc total (including the flush) the morning of the procedure.

Important information for all patients:

PLEASE BRING A CHANGE OF CLOTHES FOR THE PATIENT THE DAY OF SURGERY.

Please note that discharge is one parent/caregiver to one patient. Please do not bring other children/patients to the appointment. If more than one patient from the same house/facility is scheduled on the same day the patients must arrive in separate vehicles with separate caregivers.

NO FOOD OR DRINK IS PERMITTED IN OUR WAITING ROOMS- NO EXCEPTIONS

Thank you for complying with these instructions. The patient's safety is our primary priority and following these guidelines will allow us to deliver the best care. We appreciate your assistance. If you have any questions, please call us at 267-639-6250, We look forward to seeing you and the patient at the patient's appointment.